

* This step sheet has been edited
for the sole use of SBLDC Members.

View the original at Copperknob.com or Kickit.com

THIS & THAT*

Weight: Left

Count: 32 Wall: 4 Level: Beginner

Choreographer: Gary Lafferty

Music: "Woman" by Mark Chesnutt 140bpm, available on album "Rollin' With The Flow"

Floor Splits: "One Step Forward"

Intro: 16-count intro

Step (*right*), Touch (*left*), Step (*left*), Touch (*right*), ❖

Side (*right*), Together (*left*), Forward (*right*), Touch (*left*)

- 1-2 Step to right on right, Touch left beside right
- 3-4 Step to left on left, Touch right beside left
- 5-6 Step to right on right, Step on left beside right
- 7-8 Step forward on right, Touch left beside right

Step (*left*), Touch (*right*), Step (*right*), Touch (*left*),

Side (*left*), Together (*right*), Back (*left*), Flick (*right*)

- 1-2 Step to left on left, Touch right beside left
- 3-4 Step to right on right, Touch left beside right
- 5-6 Step to left on left, Step on right beside left
- 7-8 Step back on left, Flick right forward

Coaster step (*right*), Brush (*left*), Step (*left*), Lock (*right*), Step (*left*), Brush (*right*)

- 1-2-3 Step back on right, Step on left beside right, Step forward on right
- 4 Brush left forward,
- 5-6-7 Step forward on left, Lock-step right behind left, Step forward on left
- 8 Brush right forward

Jazz Box $\frac{1}{4}$ turn (*right*), Side (*right*), Behind (*left*), Side (*right*), Cross (*left*)

- 1-2 Cross right over left, Step back on left
- 3-4 Turn $\frac{1}{4}$ right stepping forward on right, Cross left over right
- 5-6 Step to right side on right, Cross left behind right
- 7-8 Step to right side on right, Cross left over right

Repeat

Watch on YouTube

<http://www.youtube.com/watch?v=jeDbTW-G6rI&list=FL393lsAtfMFkAJIZOr9FaVA>

❖ Parentheticals **always** refer to the weight/action foot - or 1st step of a combination e.g. Shuffle.