

* This step sheet has been edited
for the sole use of SBLDC Members.
View the original at
Copperknob.com or Kickit.com

SAN ANTONIO STROLL*

Weighted: Left

Count: 32 Wall: 4 Level: Beginner/Intermediate polka

Choreographer: Jo Thompson Szymanski

Music: San Antonio Stroll by Tanya Tucker amazoncouk amazoncom

These are polka type songs, but this dance can also be done to cha-cha or west coast swing type songs as well

↑

Polka (*right*), Polka (*left*), Polka (*right*), Polka (*left*) ♦

- 1&2 Step forward on right foot, Step together with left foot, Step forward on right
- 3&4 Step forward on left foot, Step together with right foot, Step forward on left
- 5&6 Step forward on right foot, Step together with left foot, Step forward on right
- 7&8 Step forward on left foot, Step together with right foot, Step forward on left

Rock (*right*), Recover (*left*), Polka back (*right*), Polka back (*left*), Rock back (*right*), Recover (*left*)

- 1-2 Rock forward on right foot, Recover weight back to left foot
- 3&4 Step back on right foot, Step together with left, Step back on right
- 5&6 Step back on left foot, Step together with right, Step back on left
- 7-8 Rock back on right foot, Recover weight forward to left foot

Optional full turn right: Counts 3&4, 5&6: Shuffle ½ turn (*right*), Shuffle ½ turn (*left*)

- 3&4 Turn ¼ right stepping right foot to right side, Step together with left, Turn ¼ right stepping forward on right
- 5&6 Turn ¼ right, stepping left foot to left side, Step together with right, Turn ¼ right stepping back on left

Heel (*right*), Toe (*right*), Polka side (*right*), Heel (*left*), Toe (*left*), Polka side (*left*)

- 1-2 Touch right heel to right forward diagonal, Touch right toe beside left (*or across in front of left if you prefer*)
- 3&4 Step right foot to right side, Step together with left, Step right foot to right side
- 5-6 Touch left heel to left forward diagonal, Touch left toe beside right (*or across in front of right if you prefer*)
- 7&8 Step left foot to left side, Step together with right, Step left foot to left side

Stroll Section:

Step (*right*), Behind (*left*), Step (*right*), Step (*left*), Behind (*right*), Step (*left*), Step (*right*), ¼ Turn (*left*)

- 1 Step forward on right foot turning body 1/8 left
- 2 Step left foot crossed behind right
- 3 Turn body 1/8 right to square up to front and step forward on right foot
- 4 Step forward on left foot turning body 1/8 right
- 5 Step right foot crossed behind left
- 6 Turn body 1/8 left to square up to front and step forward on left foot
- 7-8 Step forward on right foot, Turn ¼ left shifting weight to left foot

REPEAT

ENDING

When using the Tanya Tucker song, at the end of the song the dance will finish on the stroll forward.
Complete counts 1-3 of the stroll, then stomp the left foot forward for a big finish!

Watch on  <https://www.youtube.com/watch?v=NSBNkHcCLDE>

NOTE: Polka step is similar to a shuffle step, 3 steps to 2 beats of music, but with more up and down motion

♦ *Parentheticals **always** refer to the weight/action foot - or 1st step of a combination e.g. Polka.*